Reli's Six Pack Booklet

Think O O The Cube



© Perfection Plus Limited

Table of contents

Overview

Benefits of open-ended questions

Examples of open-ended questions

How to play

Tips to craft your own session

Editions

- 1. Ice breaker 1
- 2. Ice breaker 2
- 3. Marriage
- 4. Business
- 5. New Year
- 6. Soul Romance
- 7. God and Work

Coming soon

- 1. Christmas
- 2. Either or
- 3. IAM
- 4. Bible Six
- 5. Out of the nest

Overview:

Chuchu's Six pack is a fun, interactive game based on six open-ended questions crafted around a theme. There are questions for different themes on the pages below and we will keep updating the list as we get more themes. Even better, we have shared information on how you can craft your own questions around a theme, making the applications for the game limitless. Enjoy!

Benefits of open-ended questions

- A respondent can go deep on a specific topic
- More meaningful answers manifest
- The respondent owns his/her learning
- More engaged respondent
- The respondent naturally becomes more curious
- The motivation to want to learn more increases
- Develops research skills
- Encourages a growth mindset and personal responsibility
- Nurture critical thinking skills
- Teaches how to ask the right questions
- They are a form of executive coaching
- They are friendly, inviting and break down barriers

Examples of open-ended questions include:

- How do you see your future?
- What would you do if...
- What should we consider...
- What could happen if...
- How could we improve....
- I wonder why/what/if...
- How can we...
- Tell me more about it...
- In what way can/did/would...
- What would you do about...

How to play

Recommended group size is 3 to 10 individuals. For more than 10 people to play the game, we suggest splitting into two or more groups and each group plays with their own Chuchu's Six Pack cube.

Roll the die and respond to the question/activity corresponding to the number rolled. If you get the same number as the person before you, roll the die again. Avoid repeating an answer that another group member has given. Once everyone has had one round, the game is over. If after one round some numbers have not been played, have another round. To make the game longer, have as many rounds until everyone has answered all six questions.

Need paper and pen/paper

1 Mention something on the table or in the room that you would like to be and why.

2 Get to know the favorite color of everyone on your table

3 Whisper 3 sentences to the person on your right and let them repeat the sentences until the story have gone around everyone. The last person should say what they heard out loud and then you should say what the original message was.

4 Table members try to get you to smile while you should keep a straight face for at least 4 minutes

5 Draw a person while the paper is on your head. Table members should indicate what parts to add.

6 Recount a common children's story and give the ending a twist.

Ice breaker Edition 2 – by George Johnson <u>www.pplus.co.ke</u>

Need paper and pen/paper

1 Make as many words as possible from the initials of your table members

2 Make the sound of an instrument and everyone must join in with their own instrument. At the end of 1 minute, say what song you were playing.

3 Draw an emoji of your current mood. Get the table to guess what the mood is.

4 Share where you were born and your most memorable childhood experience from that place.

5 What's on your bucket list

6 What's your favorite animal and why?

Marriage Edition – by George Johnson www.pplus.co.ke

1 What is one thing that your spouse likes you to do or say? (Make a point of doing/saying it within the week)

2 What foolish thing do you like doing together? (When next can you do it?)

3 In 3 minutes, act out something your spouse does that you would like them to change.

4 What would you like to do 4 your anniversary? (How can you make it happen?)

5 Which of the 5 love languages of quality time, receiving gifts, words of affirmation, physical touch and acts of service does your spouse speak?

6 Replace the 'i' in six with an 'e'. Suggest one way to improve intimacy

SME Edition – by Joseph Wekesa www.sinapis.org

1 What was/is the greatest challenge you faced/anticipate in becoming compliant? Share how compliant your business is in terms of legal, tax, HR and industry standards

2 How do you handle cash flow? What challenges with finance have you encountered? Do you pay yourself? If yes, how do you structure it?

3 How do you reach your markets? How do you do your sales? How do you handle difficult clients?

4 What would make your business operation seamless? What one thing if you had it would increase efficiency in your business the most? What is your greatest question about business operations?

5 Whom do you need as key partners for your business? How do you get and retain the best talent? What do you find most challenging about working with people?

6 Where do you see your business in the next 5 years? How often do you interact with your key partners in business? Do you have a board? If yes, what is its function?

January Edition – by George Johnson <u>www.pplus.co.ke</u>

1 What was your most memorable crossover and what made it memorable?

2 What two things did you achieve/attempt last year and what effect did they have on your life?

3 Pronounce the letters of the phrase 'Happy New Year' backwards as words three times. What baffles you about the new year period?

4 What are your targets for at least two quarters of the year and what will you do to achieve them?

5 F.I.V.E. Share a Fear, Intrigue, Victory or Excitement that you are entering the new year with.

6 If you could, which six people (apart from family members) would you invite for dinner this year and what would you ask each of them?

Soul Romance Edition – by George Johnson <u>www.pplus.co.ke</u>

Need internet connection

1 Sing your own ending to the chorus of this soul ballad by Mac Band in your own words; 'Roses are red, violets are blue...(you can play it first from YouTube)

2 What is your understanding of love?

3 Share the hottest vybe you've given/received and give the context in which it happened.

4 Why do you think vybes are also called sweet nothings?

5 Do you think valentine's is overrated? Why/why not?

6 Play the song 'No romance without Finance by Gwen Guthrie from YouTube. Do you agree with her? Why/why not?

Need paper and pen

- 1. Create an acronym from the letters B.L.E.S.S that can bless those related to your business
- 2. With the help of your group members, create a poem on integrating your faith with your business. It should be at least 2 stanzas long.
- 3. You are about to sign a game-changing business deal when the client asks you to do something unethical. How can you negotiate without compromising your values?
- 4. Create an acronym from the letters N.I.C.E.R on how you can be nicer to those in your business ecosystem
- 5. With the help of your group members, create a tongue twister narrating business in Kenya. It should be at least 8 lines long and can incorporate childhood tongue twisters.
- 6. Paraphrase The Lord's Prayer in your own words and tailored to your business.

Learn about trainings and other resources for the Christian entrepreneur at

www.christianbusinessangels.org

www.sinapis.org

and

www.africa.faithdrivenentrepreneur.org